



## Ioannis Kouroutzis

**Date of birth:** 29/06/2001 | **Nationality:** Greek | **Phone number:** (+30) 6974574763 (Mobile) |

**Email address:** [kouroutzis123@gmail.com](mailto:kouroutzis123@gmail.com) | **Address:** Greece (Home)

### EDUCATION AND TRAINING

2019 – 2023 Larissa, Greece

**BSC IN NURSING** University of Thessaly

**Website** <https://www.nurs.uth.gr/> | **Field of study** Nursing and midwifery | **Final grade** 8.68 | **Level in EQF** EQF level 6

2023 – CURRENT Patras, Greece

**MASTER IN HEALTH ADMINISTRATION** Hellenic Open University

**Website** <https://www.eap.gr/> | **Level in EQF** EQF level 7

2024 – CURRENT

**JOINT MASTER OF MANAGING DIGITAL TRANSFORMATION IN THE HEALTH SECTOR** Iscte University Institute of Lisbon

**Website** <https://managidith.eu/> | **Level in EQF** EQF level 7

27/02/2023 – 03/03/2023 Girona, Spain

**BLENDED INTENSIVE PROGRAMME ERASMUS+ "CULTURAL DIVERSITY IN HEALTH"** University of Thessaly, University of Udine, University of Girona

- Cross Cultural Communication
- Cross Cultural Competence
- Nurses' Cultural Sensibility

**Field of study** Nursing and midwifery | **Final grade** 10.0

2023 – 2023

**HELLOAI ADVANCED RIS** EIT Health - European Institute of Innovation and Technology

**Website** <https://eithealth.eu/>

### WORK EXPERIENCE

2024 – CURRENT Larissa, Greece

**TECH SUPPORT SPECIALIZATION IN SCHOOL NURSING - TRAINING AND LIFELONG LEARNING CENTER - UNIVERSITY OF THESSALY**

- Course coordination
- Technical assistance to trainees
- Asynchronous distance learning platform management

**Business or Sector** Education | **Department** University of Thessaly | **Website** [https://learning.uth.gr/school\\_nursing/](https://learning.uth.gr/school_nursing/)

CURRENT Larissa, Greece

**WORK TEAM OF ERASMUS+ PROJECT "TELENURSING: DIGITAL QUALIFICATION OF NURSES TO MANAGE THE INCREASINGLY DEMANDED TELECARE SERVICES FOR HOME REMOTE MONITORING" ERASMUS+ PROJECT "TELENURSING"**

- Material creation on terms related to digital transformation in health

**Business or Sector** Education | **Website** <https://telenursing.eu/>

- Organization of seminars, conferences, community activities
- research
- writing

**Business or Sector** Education | **Website** <https://traumacarelab.nurs.uth.gr/>

**Link** <https://esmed.org/MRA/mra/article/view/4508>

10/2023 – 11/2023 Samos Island, Greece

**PRIVATE 79TH NATIONAL GUARD MEDICAL BATTALION**

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- Blood Collection
- Nursing

12/11/2023 – 19/06/2024 Larissa, Greece

**PRIVATE 404 GENERAL MILITARY HOSPITAL**

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- Company Sergeant Major Assistant
- Ambulance nurse

## ● **TEACHING EXPERIENCE**

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01/06/2024 – 01/06/2024

**Clinical Skills and Practical Applications for prevention of PICC lines associated infections**

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3 hours of teaching at the postgraduate programme "Prevention and control of clinically serious infections in health facilities" of the Department of Medicine of the University of Thessaly

## ● **PUBLICATIONS**

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2023

**[Moral Distress and Moral Resilience of Health Professionals in a Greek Public Hospital during the Second Wave of Pandemic](#)**

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Vako, I., Patsaki, E., Kouvarakos, A., Grammatis, V., **Kouroutzis, I.**, Apostolidi, T. P., Roka, V., Kotanidou, A., Sarafis, P. & Malliarou, M. (2023). Moral Distress and Moral Resilience of Health Professionals in a Greek Public Hospital during the Second Wave of Pandemic. *Medical Research Archives*,11(10).

Vako et al., 2023.

**Link** <https://doi.org/10.18103/mra.v11i10.4508>

2024

**[Moral distress and Moral Sensitivity and their correlation with safe nursing care](#)**

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Write here the description...Grammatis, V., **Kouroutzis, I.**, Apostolidi, N., Vako, I., Apostolidi, T.P., Roka, V., Sarafis, P. & Malliarou, M. (2024). Moral distress and Moral Sensitivity and their correlation with Safe nursing care. *Medical Research Archives*,12(1).

Grammatis et al., 2024

**Link** <https://doi.org/10.18103/mra.v12i1.4930>

## ● **PROJECTS**

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11/05/2024 – 13/05/2024

**Solidarity Action "Together a hug"**

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Organization of the participation of Labedu TraumaCare of the University of Thessaly in collaboration with the E-GOVERNMENT CENTER for SOCIAL SECURITY Societe Anonyme in the action "Together a hug" of the Larissa Pharmaceutical Association during May 11-13 on the topic of Digital Health Literacy and informing the community about the possibilities of the myHealth Mobile App.

## ● VOLUNTEERING

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2024 – CURRENT

**BLS Instructor of the European Resuscitation Council**

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## ● PRESENTATIONS IN INTERNATIONAL CONFERENCES

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09/05/2022 – 10/05/2022

**The experience of distance education in Greece - The case of Nursing Department of University of Thessaly**

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**Kouroutzis, I.** & Ntounias, G. "The experience of distance education in Greece - The case of Nursing Department of University of Thessaly". 29<sup>th</sup> Florence Network Annual Meeting. Izmir, May 9-10<sup>th</sup> 2022.

Link <https://hemsirelik.ege.edu.tr/files/hemsirelik/icerik/ABSTRACTBOOK.pdf>

24/04/2023 – 28/04/2023

**Improving patient safety through IoT applications. So far, so good.**

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**Kouroutzis, I.** "Improving patient safety through IoT applications. So far, so good.". 30<sup>th</sup> Florence Network Annual Meeting. Madrid, April 24-28<sup>th</sup> 2023.

24/04/2023 – 28/04/2023

**Evaluation of a Basic Suture Training Workshop for Nursing Students in Greece**

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**Kouroutzis, I.**, Apostolidi, T.P. & Malliarou, M. "Evaluation of a Basic Suture Training Workshop for Nursing Students in Greece". 30<sup>th</sup> Florence Network Annual Meeting. Madrid, April 24-28<sup>th</sup> 2023.

05/02/2024 – 06/02/2024

**Greek nursing students' attitude towards patient safety**

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**Kouroutzis, I.**, Apostolidi, T.P. & Malliarou, M. "Greek nursing students' attitude towards patient safety". CARE4 - International Scientific Nursing and Midwifery Conference. Antwerp, February 5-6<sup>th</sup> 2024.

05/02/2024 – 06/02/2024

**Correlation of moral distress and moral sensitivity of nurses with safe nursing care**

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**Kouroutzis, I.**, Grammatis, V. & Malliarou, M. "Correlation of moral distress and moral sensitivity of nurses with safe nursing care". CARE4 - International Scientific Nursing and Midwifery Conference. Antwerp, February 5-6<sup>th</sup> 2024.

22/04/2024 – 26/04/2024

**Empowering Mental Resilience in the Work Environment: strategies and practices for successful adaptation**

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**Koinis, A.**, Kouroutzis, I. & Malliarou, M. "Empowering Mental Resilience in the Work Environment: strategies and practices for successful adaptation". 31<sup>st</sup> Florence Network Annual Meeting. Larissa, April 22-26<sup>th</sup> 2024.

22/04/2024 – 26/04/2024

**Empowering Nurses, Strengthening, Systems: Impact Of a Pioneering Innovative Skill Lab On Students' Knowledge And Confidence**

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**Kouroutzis, I.**, Kariamis, G. & Malliarou, M. "Empowering Nurses, Strengthening, Systems: Impact Of a Pioneering Innovative Skill Lab On Students' Knowledge And Confidence". 31<sup>st</sup> Florence Network Annual Meeting. Larissa, April 22-26<sup>th</sup> 2024.

22/04/2024 – 26/04/2024

**Greek Nursing Students digital storytelling of their experience of an Erasmus+ BLENDED INTENSIVE PROGRAMME on Cultural diversity in health in University of Girona**

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**Kouroutzis, I.**, Koumpoura, MM., Panos, K., Aslanidou, E., Divani, N., Kontou, D. & Oikonomou, V. "Greek Nursing Students digital storytelling of their experience of an Erasmus+ BLENDED INTENSIVE PROGRAMME on Cultural diversity in health in University of Girona". 31<sup>st</sup> Florence Network Annual Meeting. Larissa, April 22-26<sup>th</sup> 2024

22/04/2024 – 26/04/2024

### **Investigation of factors influencing user acceptance of modern healthcare technologies across various healthcare settings in Greece**

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Tamposis, I., **Kouroutzis, I.**, Malliarou, M. & Papathanasiou, I. "Investigation of factors influencing user acceptance of modern healthcare technologies across various healthcare settings in Greece". 31st Florence Network Annual Meeting. Larissa, April 22-26th 2024.

06/06/2024 – 06/06/2024

### **Navigating Digital transformation in Healthcare: The role of AI Apps and ethical challenges**

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Kouroutzis, I. "Navigating Digital transformation in Healthcare: The role of AI Apps and ethical challenges". Telenursing Erasmus+ Project Multiplier Event. Larissa, June 6th 2024.

03/09/2024 – 03/09/2024

### **Designing and implementing a Digital Educational Escape Room about PICC care and maintenance for Nursing students in Greece: A Research Protocol**

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Kouroutzis, I. & Malliarou, M. "Designing and implementing a Digital Educational Escape Room about PICC care and maintenance for Nursing students in Greece: A Research Protocol". HTWG Konstanz: Medical Summer School. Sarajevo, September 3rd 2024.

05/10/2024 – 05/10/2024

### **360o view of students' role in an AI-enhanced medical world**

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Kouroutzis, I. "360o view of students' role in an AI-enhanced medical world". ICOHEMA 2024. Thessaloniki, October 5th 2024.

## ● **PRESENTATIONS IN NATIONAL CONFERENCES**

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03/12/2021 – 05/12/2021

### **The biological basis of SUDs**

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**Kouroutzis, I.** & Ntounias, G. The biological basis of substance use disorders. 3rd Panhellenic Interdisciplinary Nursing Research Conference of the Institute of Health, Portaria, December 3-5, 2021. E040.

03/12/2021 – 05/12/2021

### **The biological basis of mood disorders - The case of Bipolar Disorder.**

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Ntounias, G & **Kouroutzis, I.** The biological basis of mood disorders - The case of Bipolar Disorder. 3rd Panhellenic Interdisciplinary Nursing Research Conference of the Institute of Health, Portaria, December 3-5, 2021. E040.

18/05/2022 – 21/05/2022

### **The role of the school nurse in the sex education of adolescents**

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Kadigkou, X., **Kouroutzis, I.** & Ioannidou, G. The role of the school nurse in the sex education of adolescents. 49th Panhellenic Conference of the Hellenic Nurses Association, Chios Island, May 18-21, 2022. EA032.

10/06/2022 – 13/06/2022

### **Evaluation criteria for online health information**

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**Kouroutzis, I.**, Ntounias, G., Priska, E., Katsogiannou, N. & Mantzaris, D. Evaluation criteria for online health information. 4th Panhellenic Interdisciplinary Nursing Research Conference of the Health Institute, Lefkas Island, June 10-13, 2022. EA011.

04/11/2022 – 06/11/2022

### **Applications and perspectives of artificial intelligence and deep learning in clinical diagnostic oncology**

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**Kouroutzis, I.**, Dounias, G. & Mantzaris, D. Applications and perspectives of artificial intelligence and deep learning in clinical diagnostic oncology. 9th Panhellenic Symposium of Nursing Oncology, Volos, November 4-6, 2022. EA7.

03/11/2022 – 06/11/2022

### **The effect of the Mediterranean Diet on the risk of Type II Diabetes Mellitus**

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**Kouroutzis, I.** & Ntounias, G. The effect of the Mediterranean Diet on the risk of Type II Diabetes Mellitus. 28th Armed Forces Medical Conference, Thessaloniki, November 3-6, 2022. ST47

25/11/2022 – 26/11/2022

### **Basic rules of Bioethics and Ethics in Scientific Research**

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**Kouroutzis, I.** Basic rules of Bioethics and Ethics in Scientific Research. 1st Panhellenic Conference of Nursing Students of the Hellenic Nurses Association, Athens, November 25-26, 2022. ST4.

08/12/2022 – 11/12/2022

### **What should every nurse know about Von Willebrand disease? - Clinical scenario**

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**Kouroutzis, I.** What should every nurse know about Von Willebrand disease? - Clinical scenario. 22nd Panhellenic Nursing Conference of the Panhellenic Trade Union Nursing Federation of the National Health System, Meteora, December 8-11, 2022.

12/03/2023 – 13/03/2023

### **Description of mixed mobility program "CULTURAL DIVERSITY IN HEALTH" between the nursing departments of the University of Thessaly, University of Girona and University of Udine.**

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**Kouroutzis, I.** Description of mixed mobility program "CULTURAL DIVERSITY IN HEALTH" between the nursing departments of the University of Thessaly, University of Girona and University of Udine. 1st Panhellenic Conference of Physiotherapy Students, Lamia, March 12-13, 2023.

03/05/2023 – 06/05/2023

### **Design and evaluation of advanced clinical skills training courses for nursing students**

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**Kouroutzis, I.** & Malliarou, M. Design and evaluation of advanced clinical skills training courses for nursing students. 50th Panhellenic Conference of the Hellenic Nurses Association, Syros Island, May 3-6, 2023.

03/05/2023 – 06/05/2023

### **Strategies for forming a patient safety culture in health organizations**

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**Kouroutzis, I.** & Malliarou, M. Strategies for forming a patient safety culture in health organizations. 50th Panhellenic Conference of the Hellenic Nurses Association, Syros Island, May 3-6, 2023.

24/09/2023

### **Nursing students' attitude towards patient safety**

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**Kouroutzis, I.** Nursing students' attitude towards patient safety. 4th Panhellenic Conference of the Hellenic Liver, Pancreas, Biliary Society, Larissa, September 24, 2023.

03/11/2023 – 05/11/2023

### **European study programs - Continuing education programs Greece/Europe.**

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**Kouroutzis, I.** European study programs - Continuing education programs Greece/Europe. 10th Panhellenic Symposium on Nursing Oncology, Chalkis, November 3-5, 2023.

10/11/2023 – 11/11/2023

### **The importance of nutrition in the oncology patient**

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**Kouroutzis, I.** The importance of nutrition in the oncology patient. 23rd Post-Training Conference "Developments in oncology", Patras, November 10-11, 2023.

15/05/2024 – 18/05/2024

### **Comparison of numerical and verbal pain intensity scales in adult patients**

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**Kouroutzis, I.** Comparison of numerical and verbal pain intensity scales in adult patients. 51st Panhellenic Conference of the National Nurses Association of Greece, Naxos Island, May 15-18, 2024.

## ● **CONFERENCES AND SEMINARS**

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17/10/2019 – 20/10/2019 Volos, Greece

### **Annual Panhellenic Conference "PULMONOLOGY & INTENSIVE CARE DAYS"**

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07/02/2020 – 08/02/2020 Thessaloniki, Greece

**3rd Interdisciplinary two-day meeting of 424 General Military Hospital "BUILDING BRIDGES IN INTERPROFESSIONAL COOPERATION"**

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15/10/2020 – 18/10/2020 Volos, Greece

**Annual Panhellenic Conference "PULMONOLOGY & INTENSIVE CARE DAYS"**

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03/12/2021 – 05/12/2021 Portaria, Greece

**3rd Panhellenic Interdisciplinary Nursing Research Conference of the Institute of Health**

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09/05/2022 – 10/05/2022 Smyrna

**29th Florence Network Annual Meeting**

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18/05/2022 – 21/05/2022 Chios Island, Greece

**49th Panhellenic Conference of the Hellenic Nurses Association**

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10/06/2022 – 13/06/2022 Lefkas, Greece

**4th Panhellenic Interdisciplinary Nursing Research Conference of the Institute of Health**

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03/11/2022 – 06/11/2022 Thessaloniki, Greece

**28th Armed Forces Medical Conference**

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04/11/2022 – 06/11/2022 Volos, Greece

**9th Panhellenic Symposium of Nursing Oncology**

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08/12/2022 – 11/12/2022 Meteora, Greece

**22nd Panhellenic Nursing Conference of the Panhellenic Trade Union Nursing Federation of the National Health System**

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24/04/2023 – 28/04/2023 Madrid

**30th Florence Network Annual Meeting**

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03/05/2023 – 06/05/2023 Syros Island, Greece

**50th Panhellenic Conference of the Hellenic Nurses Association**

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24/09/2023 Larissa, Greece

**4th Panhellenic Conference of the Hellenic Liver, Pancreas, Biliary Society.**

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03/11/2023 – 05/11/2023 Chalkis, Greece

**10th Panhellenic Symposium of Nursing Oncology**

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10/11/2023 – 11/11/2023 Patras, Greece

**23rd Post-Training Conference "Developments in oncology"**

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17/01/2024 – 18/01/2024 Heraklion, Greece

**Vascular access PICC & PORT course - BD Hellas**

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05/02/2024 – 06/02/2024 Antwerp

**CARE4 - International Scientific Nursing and Midwifery Conference**

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22/04/2024 – 26/04/2024 Larissa

**31st Florence Network Annual Meeting**

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02/09/2024 – 06/09/2024 Faculty of Pharmacy, University of Sarajevo

**Telemedical Care Pharmacy and AI Integration in Advancing Digital Health**

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HTWG Konstanz: Medical Summer School 2024

Link <https://www.medical-summerschool.de/>

## ● LANGUAGE SKILLS

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Mother tongue(s): **GREEK**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
<b>ENGLISH</b>	C2	C2	C2	C2	C2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## ● DIGITAL SKILLS

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Microsoft Office package: Microsoft Word, Excel, PowerPoint, Access | Video Conferencing (Zoom, Teams, Skype, Webex) - Advanced | IBM Statistical package for Sciences (SPSS) | Website creating | Editing Photo / Video

## ● TECHNICAL EXPERIENCE

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### Website of the 31st Florence Network Annual Meeting

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Design, editing and implementation of the website of the 31st Florence Network Annual Meeting

Link <https://fnam.thessaly2024.nurs.uth.gr/>

### Website of the postgraduate programme "Master in Advanced Nursing Practice"

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Design, editing and implementation of the website of the postgraduate programme "Master in Advanced Nursing Practice" of the Department of Nursing of the University of Thessaly

Link <https://mscadvancednursing.nurs.uth.gr/>

### Tech support of the website of the Labedu TraumaCare

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Technical support of the website of the Labedu TraumaCare of the University of Thessaly

Link <https://traumacarelab.nurs.uth.gr/>

## ● HONOURS AND AWARDS

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27/04/2023

### First Award in the Institutional Awards category – San Rafael Campus Health Sciences University Center

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"Evaluation of a basic suture training workshop for nursing students in Greece"

Name authors: Ioannis Kouroutzis, Theodora-Paisia Apostolidi, Maria Malliarou  
University, Country: University of Thessaly, Greece

06/05/2023

### Best Paper Award – Hellenic Nurses' Association

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Kouroutzis, I. & Malliarou, M. Design and evaluation of advanced clinical skills training courses for nursing students. 50th Panhellenic Conference of Hellenic Nurses Association. Syros, Greece, May 3-6, 2023.

14/10/2023

### 2nd Prize for the "FAMILY PRO" team in the Digital Innovation 2023 competition of the Innovation and Entrepreneurship Unit of the University of Thessaly – University of Thessaly

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2nd Prize for the "FAMILY PRO" team in the Digital Innovation 2023 competition of the Innovation and Entrepreneurship Unit of the University of Thessaly, which was held at the Department of Digital Systems (Larissa) on Saturday, October 14, 2023.